

BELT POLICY - TAEKWONDO SCHULE SCHWEIZ

Gürtelgradierung	Poomsae	Kicks	Specials
	Preliminary Poomsae	Front Kick	×
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	Taegeuk Il (1) Jang	Front Kick + Spinning Hook Kick	×
	Taegeuk Ee (2) Jang	Front Kick + Jumping Front Kick	×
	Taegeuk Sam (3) Jang	Side Kick + Roundhouse Kick	Breaking Test
	Taegeuk Sa (4) Jang	Side Kick + Spinning Back Kick	Breaking Test
	Taegeuk O (5) Jang	Kick Combination Roundhouse Kick, Hook Kick Spinning Hook Kick	Breaking Test
	Taegeuk Yuk (6) Jang	Kick Combination Roundhouse, Hook Kick Spinning Hook Kick Jumping Hook Kick	Advanced Breaking Test
	Taegeuk Chill (7) Jang + Taegeuk 4/5/6 Jang	Tornado Kick + or Jumping Side Kick	Advanced Breaking Test Sparring
	Taegeuk Pal (8) Jang + Taegeuk 5/6/7 Jang	Kick Combination Roundhouse, Tornado Hook Kick Spinning Hook Kick	Advanced Breaking Test Sparring / Hosinsul